



Facebook: The evolutionary social networking site taking in as many as 350 million members, sharing 3.5 billion pieces of content every week. Founded in 2003 by 23-year-old Marc Zuckerberg, the site allows its members to post profiles and keep in touch with friends.

In spite of all its popularity, the fast-growing website is causing distant friends, lost relationships and failed marriages. Over half the people with the blue and white profile page check it every single day; one-fifth access the site through their mobile phones, which statistics show that users become 50 % more active once they do so.

Psychologist Abraham Maslow developed a theory that humans have three basic needs: love, affection and belongingness. Humans need self-worth, and a Facebook profile has become the perfect tool for people to let the world know all about their interests, their thoughts and their lives.

Besides the constant need to be glued in front of Facebook's home page, the hours spent on the site are creating great harm in reality. In 2009, a woman sought out help for her adult daughter who is constantly on her mobile Facebook, causing her to steal her parent's credit card to pay the phone bills. In effect, her young toddler has been taken into custody by her grandparents. The real world is, in a sense, taking the fall because of the constant need to be 'updating one's status' or 'checking to make sure everyone has RSVP'd to the staff Christmas party.'

Through the addictive social networking site, comes a new concept: Facebook stalking. Researchers say it is human instinct to know what is going on around us.

Facebook lets us pry into each other's lives without being actual 'stalkers.' People feel like they miss out on schedules, meetings and parties if they don't check their page every day.

Other researchers say that Facebook is 'shaping our community,' creating jobs, relationships and opportunities online. Needless to say, Facebook is one addicting concept in today's modern world. But next time you start typing in 'Facebook.com' on your web browser, make sure you've cleaned the house, taken a walk or spent time with people face to face.